

## *Shaker Elite*



## *Summer Skating School*

***June 16-August 9th***

*(Ice will be available the weeks of June 9th and August 18th)*

### ***City of Shaker Heights***

**Thornton Park Recreation Complex  
3301 Warrensville Center Road  
Shaker Heights, OH 44122  
(216) 491-1290**

## **Our Program**

### **Purpose**

The purpose of the Summer Skating School offered by the City of Shaker Heights is to provide a structured environment to the competitive skater. Unlike other skating schools, we provide off-ice activities on site. These activities include a recently renovated swimming pool, climbing wall, basketball courts, tennis courts, and skateboard park.

### **Daily School Hours**

Daily School Hours are 8:30am-3:30pm Monday through Friday. Skaters are supervised during this time. There is no supervision before 8:30am and all skaters must be picked up promptly by 3:30pm. Excessive lateness may require the City of Shaker Heights to bill for additional supervision.

### **Additional Supervision**

If you are interested in supervision for your skater from 3:30-6:30pm, Please contact Erin M. Schopf at 216-295-3461.

### **Daily On-Ice Sessions**

The official Summer Skating School program does not begin until June 16th. However if your skater is out of school earlier, we are offering a Limited Ice Schedule from June 9th -June 13th. NO SUPERVISION will be offered during this week.

Beginning June 16th, camp will run as scheduled. (See time grid)

**1**

### **Weekly Clinics**

Skaters may participate in clinics twice a week. High Clinics will take place on Mondays, and Wednesdays and Low Clinics on Tuesdays and Thursdays. Coaches may change from week to week.

Mondays -Power and Stroking (High)  
Tuesdays- Power and Stroking (Low)  
Wednesdays- NEW\* Theatre on Ice (High)  
Thursdays- Theatre on Ice (Low)

Sessions designated as "High" are open only to those skaters who have passed their Juvenile Freestyle. Exceptions are at the discretion of the director. Levels are subject to change according to demand.



"Theatre On Ice" is a creation using all aspects of figure skating, incorporating a theme, emotion or story, enhanced by music. "Theater On Ice" includes 5 dimensions: choreography, skating movements, and the rapport between the skaters and/or sub-groups of skaters, props or scenery, sound and theme.

Back by popular demand, Tonia Kwiatkowski will come back and teach 2 clinics. She is the 1996 US National Silver Medalist and 3 time World Team Member.

## Off Ice

### Dancin' with Daria

This class will be taught by Daria Classen who is certified in yoga and pilates. She has taught ballet and jazz to figure skaters for over 20 years and is Master-rated in both Freestyle and Choreography. Adapted for the competitive figure skater, class will be centered around strength and flexibility with an emphasis on grace and rhythm. Please bring a yoga mat and ballet shoes.

Wednesday

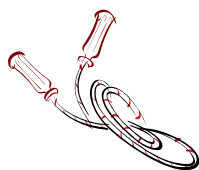
9:15-10:00 am - Class 1

10:15 -11:00 am - Class 2

*Class is limited to the first 15 applicants.*

*\*10 participants minimum*

**Fee:** \$90 for the summer/ \$15 walk-on



### Off-Ice Jump Class

This class teaches techniques to help intermediate and high level skaters strengthen their rotation speed, air positions and control on their jumps.

Jump class is offered as a convenience during camp time but is not sponsored by the City. Instructors, days and times will be announced. Registration and payment of fees will be handled directly with the instructor.

### Conditioning Classes

Conditioning Classes will meet on Tuesdays and Thursdays in the morning. Classes will run 40 minutes. We will have a 10 minute warm up before the 30 minute class.

Premier Sport Conditioning will be instructing all of our conditioning classes this summer. Their sensory feedback and applied teaching methods help athletes improve acceleration, speed, strength, agility, power, core strength, balance and reduced risk of injury so athletes are better equipped to execute their sport skills at a higher level.

They have also designed a training approach specifically for figure skaters. Please visit them at [www.pscfit.com](http://www.pscfit.com) for more information and testimonials.

*Class is limited to the first 12 applicants.*

*\*10 participants minimum*

**Fee:** \$15 a class

### Off Ice Dance

Dance classes will be held on Mondays and Fridays. Classes will be taught by experienced instructors focusing on Ballet, Pilates, Yoga and Jazz. Please select your class time on your registration form.

**Fee:** \$11 a class



## Extracurricular

### Crafts and Activities

During down time, skaters may participate in daily crafts and activities. Kendra Wood is very creative in coming up with new and fun ideas for the kids.

### Weekly Special Activities

**Week Two, Carnival Day: June 26<sup>th</sup> (1-3pm)**

Back by popular demand, we will have our backyard carnival on Thursday June 26<sup>th</sup>. We will have fun games as well as a water balloon toss.

**Week Three, Patriotic Day: July 3<sup>rd</sup> (1-3pm)**

Dress up in your Red, White and Blue. Games will help us celebrate the Fourth of July. We will have a sidewalk art contest. Chelsea Carlson will judge the winner.

*Just a reminder: The Rink is closed on July 4<sup>th</sup>.*

**Week Six, Spanish Fiesta: July 16<sup>th</sup> (1-3pm)**

The skaters will put together separate dance routines to show off at our annual Fiesta and Piñata party. Counselor Chelsea will help each group choreograph their dance routines. Each group can pick their own song. Awards will be given to each group. Take a swing at the Piñata. Please bring a dish for everyone to share.

**Week Eight, Science Day: July 29<sup>th</sup> (1-3pm)**

We will build rockets again and launch them off the Thornton Park Hill. We will construct several experiments and

have the opportunity to pet some "icky" animals.

**Week Nine, Field Trip to the Zoo (Time and Day TBD)** We will be taking an off-site field trip to the Cleveland Metroparks Zoo. Carpooling will be our method of transportation. *Skaters must have a permission slip signed by a parent or guardian to travel off-site.*

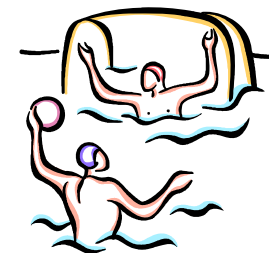
### Open Swimming and Facilities

Swimming is open to all resident skaters at no extra charge. Non-Resident skaters will pay a \$2 fee daily. Skaters will be supervised and escorted to the pool by a counselor. Skaters must register daily with counselors for open swimming and stay with their designated group. Please note that the Pool does not open until noon.

A Climbing Wall, Skateboard Park and Basketball Courts are also available. All skaters will have full access to these facilities free of charge.

### Skaters 10+ years

Thornton Park is a public facility and is open during and after our official school hours. If your skater is 10 years or older you may leave them at the pool until you are able to pick them up.



## Pricing

### Contracted Ice

1-Hour Ice Sessions	\$12.00
Clinics	\$11.00

### Walk On Ice

Ice/Clinics	\$14.00
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### Off-Ice

Dance	\$11.00
Conditioning	\$15.00
Dancin' with Daria	\$15.00
Jump Class	\$15.00

All skaters must sign in and pay fee at skating office before taking the ice. Skaters may not "charge" ice to their account.

### Extra Ice

Punch card	5 sessions \$65.00
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For those days when your skater wants to skate an extra session. We will keep track of the punch card so your skater doesn't have to. Camp counselors will advise parents when a new punch card is needed.

### Testing Dates

The Shaker Figure Skating Club in conjunction with the Summer Skating School program will offer two testing dates during the summer. **Tentative** test dates are July 16th and August 22nd. Please visit [www.shakerfsc.org](http://www.shakerfsc.org) for more information.

### July 4th, 2008

This year the arena will be CLOSED on July 4th. No ice sessions, off-ice activities or supervision will be offered.

### Lockers

Lockers will be assigned on a first-come, first-serve basis, according to the date and time of your registration. You will receive confirmation of your locker assignment along with your ice time confirmation. No personal locks will be permitted. Locker assignments are given by the Director.

**Locker Fee:** \$75 for the entire summer or \$15 a week.



### Lunch Vouchers

Food vouchers are available for \$25 for Shaker summer skaters. We recommend skaters bring a lunch from home and use the voucher for snacks and treats. Hours for the concession stand may vary but it will open daily.

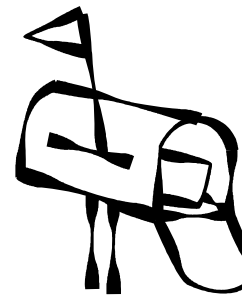
Purchases will be recorded on the vouchers and verified with the skater's signature. Camp counselors will advise parents when new vouchers are needed. This is a great way for skaters to grab a snack during the busy day without the responsibility of carrying cash.

**Vouchers must be used by August 22nd, 2008. No refunds will be given**

## Terms and Conditions

### **All skaters must have a professional coach**

- ALL FEES must accompany the registration form if your contract total is less than \$500. If the total exceeds \$500, one third of the contract is due at registration with the balance due the first day of skating.
- We will accept only ONE contract per skater.
- There will be no special packages, rebates, substitutions or make ups for missed sessions (including test session dates and competitions).
- If a refund is necessary for medical reasons the request must be accompanied with a doctor's note. The injury/illness must have a duration longer than 5 skating days.
- There will be a \$25 charge for each change made after reservations are confirmed. Schedule changes are subject to availability.
- An administrative fee of \$50 is assessed for all cancellations prior to May 1, 2008. After May 1, those who cancel any part of their contract will be charged 25% of the total balance.
- Early registration is by mail only and begins April 1. Registrations are processed first come, first serve.
- There will be a \$25.00 charge for each change made after reservations are confirmed. Schedule changes are subject to availability.
- Complete 1 application per child. Incomplete applications will be returned. Make checks payable to the City of Shaker Heights and mail to:



**City of Shaker Heights**

**3301 Warrensville Center Road**

**Shaker Heights, OH 44122**

**Attn: Erin Schopf/ Summer Camp Director**

## Registration Checklist

\_\_\_\_\_ I have confirmed skating times with my skater's coaches

\_\_\_\_\_ Grid is filled out and I have checked to make sure there are no schedule conflicts.

\_\_\_\_\_ Registration form is filled out, signed, and totaled.

\_\_\_\_\_ If contract total is less than \$500, the entire amount is enclosed.

\_\_\_\_\_ If contract total is more than \$500, at least one third of the entire amount is enclosed.

\_\_\_\_\_ Check payable to "City of Shaker Heights" is signed and enclosed.

*If your child is a new skater or a Jr. Club skater, it is recommended that you consult with Camp Director Erin Schopf before registering. Erin can be reached at 216-295-3461 or by email at [erin.schopf@shakeronline.com](mailto:erin.schopf@shakeronline.com)*



# Thornton Park Spring Ice Spectacular May 2 and 3



*Friday May 2  
7:00 pm*

*Saturday May 3  
1:00pm and  
6:30pm*

*A sparkling event featuring  
beautifully costumed skaters!!*

**Ticket prices start at  
\$12**

**City of Shaker Heights  
Thornton Park Recreation Complex  
3301 Warrensville Center Road  
Shaker Heights, OH 44122  
(216) 491-1290**

**Tickets go on sale Tuesday April  
15**



**SHAKER  
HEIGHTS**

## 2008 Shaker Elite Skating Registration (Please Detach and Return)

### Skater Information

Name \_\_\_\_\_  
 Age \_\_\_\_\_ Birthdate \_\_\_\_\_  
 USFS # \_\_\_\_\_ Home Club \_\_\_\_\_  
 Freeskate Level \_\_\_\_\_ Coach \_\_\_\_\_  
 Moves Level \_\_\_\_\_ Coach \_\_\_\_\_  
 Dance Level \_\_\_\_\_ Coach \_\_\_\_\_  
 Known allergies or medical conditions: \_\_\_\_\_  
 \_\_\_\_\_

### Parent Information

Mother \_\_\_\_\_ Father \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Email \_\_\_\_\_

### Emergency Contacts

#### **Mother Phone**

Home \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

#### **Father Phone**

Home \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

#### **Other Phone (specify)** \_\_\_\_\_

Home \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

#### **Waiver and Release from all Claims**

I, the undersigned, for myself, my heirs, executors, administrators, successors and assigns, hereby agree that neither the City of Shaker Heights nor the professional skating staff shall be responsible for any damages sustained by me personally, or to my property, whether occurring on or off the ice, and I do hereby release, acquit, and fully discharge the City of Shaker Heights and the professional skating staff, their respective agents, servants, successors and assigns, from any

### Shaker Skating School Fees

<u>Individual Ice Sessions</u>	<u># Sessions</u>	<u>Price</u>
Contracted Freestyle session	_____ x \$12	\$ _____
City Freestyle session <small>(only 3:30&amp;4:30 session)</small>	_____ x \$11	\$ _____

<u>Off Ice Sessions</u>	<u># Sessions</u>	<u>Price</u>
Off-Ice Conditioning	_____ x \$15	\$ _____
Off-Ice Dance	_____ x \$11	\$ _____
Dancin' with Daria	_____ x \$15	\$ _____
Dancin' with Daria <i>(all summer)</i>	<u>1</u> x \$90	\$ _____

#### Clinics

Weekly	_____ x \$11	\$ _____
Guest Clinic	_____ x \$18	\$ _____

#### Locker

	<u># Weeks</u>	<u>Price</u>
\$15 a week	_____ x \$15	\$ _____
All Summer	<u>1</u> x \$75	\$ _____

#### Lunch Voucher

	<u># Vouchers</u>	<u>Price</u>
\$25.00 each	_____ x \$25	\$ _____

*Vouchers must be used by August 22, 2008. No refunds will be given.*

<b>TOTAL COST</b>	\$ _____
Less Deposit (enclosed) 1/3 of total	\$ _____
Balance Due June 16, 2008	\$ _____

and all actions, causes of action, claims and demands of whatsoever kind or mature occurring as the result of and as a result of my taking part in or participating in the programs conducted, supervised or sponsored by the City of Shaker Heights and/or the professional skating staff.

Parent/Guardian Signature \_\_\_\_\_

Skater Name \_\_\_\_\_

**Ice Sessions**

7:00-8:00 Open Free

8:00-9:00 Open Free

*Ice Cut*

9:15-10:15 High Free

10:15-11:15 Open Free

*Ice Cut*

11:30-12:30 Open Free

12:30-1:30 Open Free

1:30-2:00 High Clinic

1:30-2:00 Low Clinic

*Ice Cut*

2:15-3:15 **Learn to Skate Camp**

2:15-3:15 Open Free

*Ice Cut*

3:30-4:30 City Freestyle

4:30-5:30 City Freestyle

**Off Ice Classes**

9:15-9:55 Open Dance

10:15-10:55 Open Dance

11:30-12:10 High Dance

9:15-9:55 Daria Class 1

10:15-10:55 Daria Class 2

9:15-9:55 Conditioning

10:15-10:55 Conditioning

11:30-12:10 High Conditioning

	Week 1				Week 2				Week 3				Week 4				Week 5				Week 6				Week 7				Week 8				Week 9				Week 10				Week 11																													
	M 6/9	T 6/10	W 6/11	T 6/12	F 6/13	M 6/16	T 6/17	W 6/18	TH 6/19	F 6/20	M 6/23	T 6/24	W 6/25	TH 6/26	F 6/27	M 6/30	T 7/1	W 7/2	TH 7/3	F 7/4	M 7/7	T 7/8	W 7/9	TH 7/10	F 7/11	M 7/14	T 7/15	W 7/16	TH 7/17	F 7/18	M 7/21	T 7/22	W 7/23	TH 7/24	F 7/25	M 7/28	T 7/29	W 7/30	TH 7/31	F 8/1	M 8/4	T 8/5	W 8/6	TH 8/7	F 8/8	OFF for Raider Hockey Camp				M 8/18	T 8/19	W 8/20	TH 8/21	F 8/22																
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**Skating Levels:**

Sessions designated as "High" are open only to those skaters who have passed their Juvenile Freestyle. Exceptions are at the discretion of the director. Levels are subject to change according to demand.

**Capacity:**

A maximum of 22 skaters will be allowed on each ice session.